

Appearance Matters 10 Preliminary Programme*

*may be subject to change

TUESDAY 11 JUNE 2024 City Hall, College Green, Bristol			
12:00pm- 1:00pm	REGISTRATION Poster session 1 set-up Conference Hall		
1:00pm- 1:30pm	OPENING ADDRESS Conference Hall Professor Beth Daniels		
1:30pm- 2:45pm	KEYNOTE ADDRESS Conference Hall Professor Philippa Diedrichs introduced by Professor Emerita Nichola Rumsey OBE		
2:45pm- 3:15pm	COFFEE BREAK Poster session 1 viewing Conference Hall		
3:15pm- 4:45pm	<p>Session 1: Conference Hall Oral Presentations Body Image Across the Lifespan</p> <p>Chair: E. Daniels</p> <p>S. Cooney, et al. Menopausal symptom severity predicts dimensions of body image and interoceptive sensibility</p> <p>J. Alleva, et al. "I'll never sacrifice my well-being again:" The journey from negative to positive body image among women who perceive their body to deviate from societal norms</p> <p>L. Hanson, et al. The relationship between body appreciation and age, ethnicity, and sociocultural pressure in six countries</p> <p>A. Hemmesch, et al. The "million dollar question" is about aging with a facial</p>	<p>Session 2: Council Chamber Symposium Acceptance and Commitment Therapy for Visible Difference</p> <p>Convenor: F. Zucchelli</p> <p>L. Shepherd, et al. A multi-centre prospective cohort study investigating the roles of psychological flexibility and self-compassion in appearance concerns after burns</p> <p>M. Thornton, et al. Developing an ACT-based podcast intervention for concerns around intimacy and romantic relationships for adults with a visible difference.</p> <p>M. Thornton, et al. Developing an ACT-based intervention for parents and carers of children with a visible difference</p>	<p>Session 3: Bordeaux Room Oral presentations Eating Behaviours</p> <p>Chair: T. Tylka</p> <p>N. Behrend, et al. Does body image flexibility explain the link between body appreciation and intuitive eating facets? Results from longitudinal mediation analyses among German women and men</p> <p>S. Griffiths, et al. Does using TikTok intensify body dissatisfaction and eating disorders? A comparison of the TikTok algorithms belonging to individuals with eating disorders versus healthy controls</p> <p>H. Lewis, et al. A systematic review of the similarities and differences in psychopathology of BDD and</p>

	<p>difference: A focus group with older adults with Moebius syndrome</p> <p>K. Holmqvist Gattario, et al. Maintaining a positive body image from childhood to adulthood: What lies behind a stable positive body image journey?</p> <p>M. Zimmer-Gembeck, et al. Appearance-related Teasing, Rejection Sensitivity, Support, and Coping</p>	<p>F. Zucchelli, H. Williamson, et al. Training health professionals to support patients with appearance-affecting conditions: A pan-European evaluation of an Acceptance and Commitment Therapy approach to patient communication</p> <p>F. Zucchelli, et al. Establishing the feasibility of an Acceptance and Commitment Therapy prototype mobileprogram for individuals with a visible difference</p>	<p>EDs: can both be classed as 'body image disorders?'</p> <p>E. Anastasiades, et al. Exploring the role of positive body image in differentiating between healthy orthorexia and orthorexia nervosa</p> <p>J. Mensinger, et al. Interoceptive Sensibility and Disordered Eating: Too Much of a Good Thing?</p> <p>G. Sharp The co-design and development of a chatbot to deliver a single session intervention for people on the waitlist for eating disorder treatment</p>
4:45pm-5:15pm	Poster session 1 viewing Conference Hall		
5.15pm-5.30pm	Poster session 1 dismantle Conference Hall		
6:30pm-8:30pm	<p style="text-align: center;">WELCOME RECEPTION Brunel's SS Great Britain, Great Western Dockyard, Gas Ferry Road Sponsored by Dove Self-Esteem Project</p>		

WEDNESDAY 12 JUNE 2024 City Hall, College Green, Bristol	
8:00am-9:00am	<p style="text-align: center;">REGISTRATION Poster session 2 set-up Conference Hall</p> <p style="text-align: center;">Tea and coffee</p>
9:00am-10:30am	<p style="text-align: center;">WORKSHOPS pre-registration required</p> <p style="text-align: center;">Workshop 1: Anti-ableist practices in psychology Hosted by Dr Kathleen Bogart; Bordeaux Room</p> <p style="text-align: center;">Workshop 2: Tips and insights for working with industry to improve body image and smash appearance stereotypes: Ethical considerations, strategic planning and stakeholder influencing skills Hosted by Professor Phillipa Diedrichs; Council Chamber</p>
10:30am-11:00am	<p style="text-align: center;">COFFEE BREAK Poster session 2 viewing Conference Hall</p>

<p>11:00am-12:30pm</p>	<p>Session 4: Conference Hall Oral Presentations School-Based Interventions Across the Globe</p> <p>Chair: Z. Yager</p> <p>J. Webb, et al. Be Real’s BodyKind Curriculum Evaluation among Diverse US High Schoolers: Data Highlights, Lessons Learned, and Future Directions</p> <p>N. Craddock, et al. Evaluating a School-Based Body Image Lesson in Indonesia: A Randomised Controlled Trial</p> <p>P. Granfield, et al. Evaluating the impact of the Embrace Kids Classroom Program on Australian children’s and adolescent’s body image</p> <p>H. Lewis-Smith, et al. A comic-based body image intervention for adolescents in Hindi-medium and rural Indian schools: A randomised controlled trial</p> <p>C. Mahon, et al. Cultural adaptation and cluster randomised control trial of BodyKind, a school-based body image programme for older adolescents</p> <p>S. Torres, et al. Scaling-up of the “Confident Me” programme: A real-world effectiveness study in Portugal</p>	<p>Session 5: Council Chamber Oral Presentations Experiences of Visible Difference</p> <p>Chair: K. Ardouin</p> <p>M. van Dalen, et al. Anxiety, depression, and quality of life in children and adults with alopecia areata: A systematic review and meta-analysis</p> <p>P. Gavelle, et al. Longitudinal study of self image in 12 pre adolescents with cleft lip and palate: Somatic and psychological entanglement</p> <p>E. Guest, et al. Congenital Melanocytic Naevus (CMN) Through the Lens: A Photo-Elicitation Study Exploring Successful Adjustment in Young People with a Rare Birthmark Condition</p> <p>B. Herring, et al. Exploring men’s experiences and body image concerns following diagnosis and treatment for breast cancer. A mixed methods study</p> <p>S. Steinke, et al. Burden of people living with inherited ichthyosis in Germany</p> <p>M. Ridley, et al. Narrative study of resilience in facial paralysis: similarities and differences in the resilience profiles and psychosocial responses of patients with congenital and acquired facial paralysis</p>	<p>Session 6: Bordeaux Room Oral Presentations Fashion, Clothing and Make-Up</p> <p>Chair:</p> <p>K. Aiba Constructing the Ideal Face: The Japanese High School Girls’ Makeup</p> <p>C. Phelps, et al. Exploring the psychological impact of expressive prosthetic-leg covers: a qualitative exploration into the wellbeing and identity-building of lower-limb amputees</p> <p>D. Blaso, et al. The impact of fashion clothing involvement on mental health, health behaviours, and endorsement of gender stereotypes, among Brazilian women</p> <p>S. Haywood, et al. An exploration of clothing size availability in relation to body image and disordered eating behaviours among Argentinian adolescents: A mixed-method study</p> <p>G. Giardinelli, J. Rogaten, et al. Fashion Anxiety: Unveiling the Psychological Impacts of Fashion Trends and Media Pressures</p> <p>K. Ordoczynska, S. Çili Clothing Choices and Women’s Experiences During the Maternity Journey: A Qualitative Study</p>
<p>12:30pm-1:30pm</p>	<p style="text-align: center;">LUNCH BREAK Poster session 2 viewing Conference Hall</p>		
<p>12:45pm-1:30pm</p>	<p style="text-align: center;">LUNCHTIME SPECIAL EVENT Council Chamber</p> <p style="text-align: center;">“When I was Younger, My Story Belonged to Everyone Else”: A screening of 5 short films about living with craniosynostosis in adulthood</p>		

<p>1:30pm-3:00pm</p>	<p>Session 7: Conference Hall Oral Presentations Sports, Exercise and Movement</p> <p>Chair: A. Tinoco</p> <p>V. Coulbeck Exploring Adolescent Girls' Experiences with a Self-Compassion Physical Education Workshop to Address Body Image Distress: A Pilot Feasibility Study</p> <p>I. Cranswick, et al. “It’s not just you come into the gym and do your weight training”: A narrative exploration of muscularity’s role as identity capital</p> <p>A. Hinz, et al. The Influence of Idealised vs Non-idealised Yoga Images on Women's Body Image</p> <p>C. Lunde, et al. Receiving a Lower Grade in Physical Education is Associated with Adverse Body Image Outcomes – a Longitudinal Study over One School Year</p> <p>E. Matheson, et al. Body Confident Athletes: A cluster randomised controlled trial of a coach-led body image program</p> <p>K. Schneider, et al. Body Confident Coaching: Acceptability and Feasibility Testing of a Web-Based Body Image Intervention for Coaches of Adolescent Girls</p>	<p>Session 8: Council Chamber Oral Presentations Social Media</p> <p>Chair: J. Fardouly</p> <p>E. Daniels, et al. Social Media Behaviors and Body Image Concerns among Racially Diverse U.S. Adolescent Girls</p> <p>J. Fardouly, et al. Does the level of sexualisation matter? Investigating the impact of viewing sexualised and non-sexualised images of women in different body sizes on women’s body image</p> <p>A. Gordon, et al. “This post is a call to (re)claim our desire and desirability for our bodies”: A qualitative study of transgender and gender diverse young adults’ experiences with social media and media literacy</p> <p>H. Jarman, et al. Drivers and impacts of social media use among adolescents: Informing interventions</p> <p>C. Maes, et al. Online Body Positivity, Offline Body Positivity? Exploring Adolescents’ Impact of Over-Time Relations Between Active and Passive Positive Appearance-Related Activities on Social Media, and Offline Prosocial Reasoning and Behavioral Intentions Regarding Others’ Appearances</p> <p>V. Seekis, et al. How exposure to body neutrality content on TikTok affects young women’s body image, self-compassion, and mood</p>	<p>Session 9: Bordeaux Room Oral Presentations The Impact of Intersectionality</p> <p>Chair: B. Austin</p> <p>J. Chan, et al. How Social Class Shapes UK Women’s Body Image Experiences</p> <p>H. Lewis, et al. Exploring risk, contributing and maintenance factors of body dissatisfaction among South Asian women and girls: a conceptual model including lived-experience and clinician perspectives</p> <p>H. Lewis-Smith, et al. A short-form drama series created for the digital media environment: A randomised controlled trial exploring effects on girls’ body satisfaction, acceptance of appearance diversity, and appearance-related internalised racism</p> <p>N. Craddock, et al. Experiences of everyday colourism moderates the relationship between skin shade dissatisfaction and skin lightening product use in Hong Kong, Malaysia, Singapore, and Thailand</p> <p>M. Sutton, et al. Latent Classes of Appearance, Racial, and Intersectional Discrimination: Associations with Mental Health Indicators</p> <p>N. Trompeter, M. C. Opitz, et al. Bullying victimisation and adolescent body dissatisfaction among marginalised youths</p>
<p>3:00pm-3:30pm</p>	<p style="text-align: center;">COFFEE BREAK Poster Session 2 dismantle Conference Hall</p>		

<p>3:30pm-5:00pm</p>	<p>Session 10: Conference Hall Oral Presentations Positive Body Image</p> <p>Chair: J. Alleva</p> <p>L. Ahuja, et al. “Accept who you are”: A qualitative exploration of how men experience and foster positive body image</p> <p>R. Calogero, et al. The Attunement with Exercise (AwE) Scale: Comprehensive validity evidence for a new measure of an under-researched but urgently needed embodied practice</p> <p>S. Faria, et al. Body self-appreciation, functionality appreciation, and body dissatisfaction in adolescents: A person-centered approach</p> <p>A. Kleim “If you do not like your beach body, go to the beach anyway because it might actually be good for you”: An explorative study of British and Australian women’s beach body experiences</p> <p>P. Longhurst, et al. “There’s No Separating My View of My Body from My Autism”: A Qualitative Study of Positive Body Image in Autistic Individuals</p> <p>N. Piran, et al. Social factors shaping embodiment: measurement across the lifespan</p>	<p>Session 11: Council Chamber Oral Presentation Aesthetic Procedures</p> <p>Chair: K. Garbett</p> <p>K. Garbett, et al. Psychosocial outcomes following cosmetic surgery: A systematic review</p> <p>A.M. Hermans, et al. Oops I did it (again) - Patient experiences of complications after non-invasive cosmetic procedures</p> <p>V. Kakar, J. Fardouly, et al. Willingness to undergo cosmetic procedures and preferences for appearance enhancement: A cross-cultural study of adolescent girls living in Australia, China, India, and Iran</p> <p>I. Lundin Kvaalem, et al. Social Media Use and Self-Presentation: Predictors for Experience with and Consideration of Cosmetic Treatment in Adult Women</p> <p>P. Mancin, et al. The associations between photo-based behaviors, Body Dysmorphic Disorder symptoms, and consideration of cosmetic surgery and the moderation of body appreciation</p> <p>K. Moulton, et al. ‘I just wanted to take the emphasis away’ adults’ experiences of tattooing as a method of scar camouflage and/or decoration</p>	<p>Session 12: Bordeaux Room Oral Presentation Appearance Conversations and Medical Decision-Making</p> <p>Chair: K. Feragen</p> <p>C. Crerand, et al. Caregiver Beliefs about their Child’s Cleft and Satisfaction with their Child’s Appearance: Impacts on Caregiver Psychosocial Outcomes</p> <p>B. Herring, B. Costa, et al. Appearance-related narratives of caregivers of children with craniofacial microsomia</p> <p>N. Stock, et al. Ear reconstruction in children with craniofacial microsomia: Caregivers’ narratives of treatment decision-making</p> <p>K. Feragen, et al. A qualitative study of adolescents with a visible difference and their parents: Exploring the role of appearance conversations</p> <p>L. McHutchioin, et al. Ear reconstruction treatment decisions and long term outcomes among adults with microtia - findings from a retrospective, interview-based study</p> <p>D. Blaso, et al. The First Look: individuals’ initial experiences of viewing their appearance following craniofacial surgery</p>
<p>5:15pm-6:30pm</p>	<p align="center">SPECIAL PANEL DISCUSSION EVENT Conference Hall ‘Beyond the Selfie: Can Social Media Influencers Shape the Appearance Diversity Landscape?’ Chair: Caryn Franklin MBE</p>		

8:00pm-12:00pm	<p style="text-align: center;">CONFERENCE DINNER Bristol Museum and Art Gallery, Queens Road, Clifton N.B. pre-registration required Doors open 7:30pm</p>		
<p>THURSDAY 13 JUNE 2024 City Hall, College Green, Bristol</p>			
7:45am-8:45am	<p style="text-align: center;">MENTORING BREAKFAST Watershed, Canon's Road pre-registration required</p>		
8am-9am	<p style="text-align: center;">REGISTRATION Poster session 3 set-up Conference Hall Tea and coffee</p>		
9am-10:30am	<p style="text-align: center;">Session 13: Conference Hall Oral Presentations Visible Difference Interventions</p> <p>Chair: C. Crerand</p> <p>K. Ardouin, et al. Developing and evaluating a residential camp for young people with cleft lip and/or palate in New Zealand</p> <p>C. Clement, et al. The support needs and preferences of people with lived experience of visible differences: A survey study</p> <p>K. Feragen, M. Millgård, et al. Effectiveness and further development of YP Face IT - An online intervention for young people with a visible difference</p> <p>E. O'Loughlin, et al. Improving Physical Self-Perception via Resistance Training: A Strategy for Women Diagnosed with Breast Cancer</p> <p>L. Shepherd, et al. A qualitative study exploring early appearance concerns and acceptability of early psychological interventions after burns</p>	<p style="text-align: center;">Session 14: Council Chamber Oral Presentation Experiences and Evaluations of Interventions</p> <p>Chair: J. Webb</p> <p>F. Andres, L. Boothroyd, et al. Developing and piloting a positive body image intervention in rural Nicaragua</p> <p>E. Evans, et al. "Every time I led a group I learned more about myself": peer facilitator experiences of transformative processes in The Body Project, a cognitive dissonance-based eating disorder prevention intervention</p> <p>K. Irvine, et al. Breaking rule #1: talking about fat club. A qualitative study exploring adults' experiences of attending weight management programmes as children</p> <p>M. Marashi, et al. Bridging the Gap: Evaluating a Body Image Training Course for Health Professionals</p> <p>M. Morgan, et al. Development of a Nature Connection intervention for Disordered Eating (DE): Exploring Views from DE</p>	<p style="text-align: center;">Session 15: Bordeaux Room Oral Presentations Sexual Well-Being and Relationships</p> <p>Chair: S. Murnen</p> <p>S. Cooney, et al. Body image and sexual functioning in Multiple Sclerosis</p> <p>A. Ivanova, et al. Validating a Gender-Neutral Version of Female Genital Self-Image Scale in the Norwegian Population: Findings from a Pilot Study</p> <p>F. Konings, et al. Picture 'Perfect': A Linkage Study of Sexualized Self-presentations on Mobile Dating Applications and Users' Characteristics</p> <p>E. Nolen, H. Lewis-Smith, et al. The Impact of Dobbs v. Jackson Women's Health Organization on Young Women's Experiences of Objectification and Sexual Well-being</p> <p>A. Fernando, G. Sharp, et al. Perspectives on sexual and relationship outcomes after labiaplasty: A qualitative analysis</p>

	<p>I. Siemann, et al. ‘Inside Out’: a psychological group intervention for patients with a facial palsy</p>	<p>Professionals and People with Lived Experience</p> <p>N. Paraskeva, et al. Evaluating the effectiveness of a Roblox game ‘Super U Story’ to improve body image among children and adolescents in the US: A randomized controlled trial</p>	<p>P. Patrício, J Azevedo, et al. Exploring body appreciation, relationship quality, and body mass index in homosexual men and women</p>
10:30am-11am	<p>COFFEE BREAK Poster session 3 viewing Conference Hall</p>		
11am-12:15pm	<p>KEYNOTE ADDRESS Conference Hall</p> <p>Dr Kathleen Bogart introduced by Dr Rosanna Preston</p>		
12:15pm-1:15pm	<p>LUNCH BREAK Poster session 3 viewing Conference Hall</p>		
12:30pm-1pm	<p>LUNCHTIME SPECIAL EVENT Identifying and Tackling Fraudulent Responses in Web-Based Research Council Chamber</p>		
12:15pm-1:15pm	<p>NETWORKING LUNCH FOR CHARITABLE ORGANISATIONS Bordeaux Room</p>		
1:15pm-2:45pm	<p>Session 16: Conference Hall Oral Presentations Sexuality and Gender</p> <p>Chair: G. Jankowski</p> <p>A. Fitzgerald, et al. What are the risk and protective factors of body esteem in sexual minority young adults? Findings from the My World Survey 2</p> <p>W. Grey, E. Austen, et al. Wanting to be Wanted: An Intersectional Qualitative Study of Sexual Desirability's Role in Australian Sexual Minority Men's Body Image</p> <p>E. Harris, S. Griffiths, et al. State Gender Fluidity, Body Satisfaction, and Eating</p>	<p>Session 17: Council Chamber Oral Presentations Experiencing and Combatting Stigma</p> <p>Chair: E Guest</p> <p>E. Evans, et al. “Victim blaming and public shaming”: public interpretations of a UK cancer-prevention media campaign which equated weight and smoking</p> <p>J. Hunger, et al. Weight Stigma and Disordered Eating: A Systematic Review and Call to Action</p> <p>A. Johns, et al. Self-Image, Stigma, and Coping in Youth with Cleft Lip and Palate</p>	<p>Session 18: Bordeaux Room Symposium Perspectives, Views and Representations of Black Beauty</p> <p>Convenor: S. Hughes</p> <p>S.N. Hughes Fashion Ethics: Body Image and Diversity</p> <p>S. Lloyd Black Girls Don’t Blush: Power Desire and the Practice of Colour Cosmetics</p> <p>M. Dairo Plaits, Puffs and Wigs: The Portrayal of Black Hair in Nollywood Films</p>

	<p>Disorder Symptoms among Sexual Minority Men</p> <p>K. Laveway, et al. “Looking” LGBTQ+: A Qualitative Exploration of Appearance Investment in Sexual and Gender Minority Individuals across the Lifespan</p> <p>M. Argyrides, A. Christodoulou, et al. Body image distress and disordered eating among men from Greece and Cyprus: differences across sexual orientation</p> <p>E. Waite, et al. A Qualitative Exploration of the Lived Experiences of LGBTQIA+ Young People with Visible Differences</p>	<p>M. Koroglu, et al. Battle Against Weight Stigma: How Body Positivity Advocates Encounter Fatphobia in NHS</p> <p>C. Pell. Some US Dermatological Advertising of Treatments for Psoriasis Perpetuate the Stigmatization and the Pathological Model of the Disease: A Critical Content Analysis of Televised Ads for Otezla, Cosentyx, and Talz</p> <p>J. Traxler, et al. Breaking Barriers: Randomized Controlled Trials Assessing an Intervention to Combat Stigma in Chronic Skin Disease</p>	<p>C.M. Robertson “Lookin’ Like Your Mama Loves You”: An Analysis of How Black Women Ages 50 and Up Perceive Radical Beauty, Style, and Self From Matrilineal Inheritance</p> <p>C. Hampson, et al. Hair Matters: 'Untangling' the role of hair-esteem and self-esteem as potential barriers to physical activity and aquatic exercise in Black Women</p>
2:45pm-3:15pm	<p>COFFEE BREAK Poster session 3 dismantle Conference Hall</p>		
3:15pm-4:30pm	<p>IGNITE SESSION Conference Hall ‘Taking the Next Step: Advancing Equality, Diversity and Inclusion’</p>		
4:30pm-5:00pm	<p>CONFERENCE CLOSE Conference Hall Awards presentation Closing address</p>		