

Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Feel Good Exams, summer events and assessment support.

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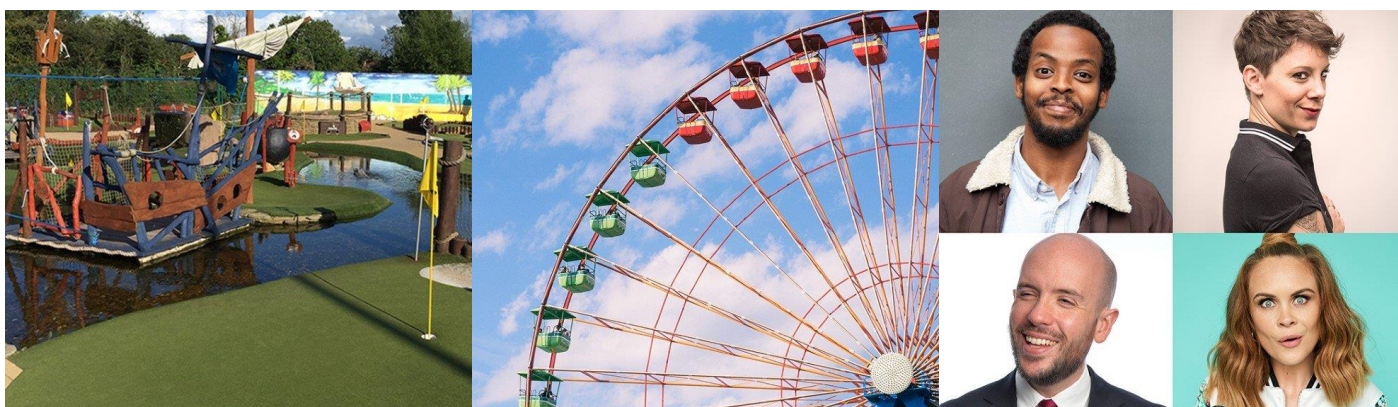
[Infopoints](#)

This is yourUWE Bristol.

Lockdown roadmap update

Last week, the Government confirmed the next stage of the lockdown roadmap, meaning that all students can return to on-campus teaching, and we're so happy to have you back!

All university facilities are open and COVID-secure, just remember to [test regularly to keep everybody healthy](#).



Don't miss our summer events!

To recognise the amazing achievements of UWE Bristol students and staff over the past year, and to say thank you for your hard work, patience and resilience, we are bringing you a range of online and in-person [summer events](#)!

Whether you're joining us on campus or online, we hope there's something for you to enjoy – we look forward to seeing you there!

Ferris wheel on Frenchay campus

See Frenchay campus from new heights by taking a ride on this Ferris Wheel. Up in the clouds, the Ferris Wheel stands at a staggering 50ft tall, providing unparalleled views of Frenchay and beyond!

Enjoy the experience for free with a friend as each carriage can sit 2-3 people (must be part of the same household).

[Find out more >](#)

Virtual live comedy event

Exclusively for UWE Bristol students and staff, join us on Friday 4 June from 19:00 - 21:00 for a night of comedy from the comfort of your own home.

Headlined by Suzi Ruffell with Tom Allen, Mo Omar and Joanne McNally, it's not to be missed!

[Register for the event >](#)

Pirate Bay Adventure Golf

Pirate Bay Adventure Golf Bristol is a fantastic 18 hole golf experience! Putt your way around this fun filled 18 hole, pirate theme park setting and when you cross onto the islands on the rafts and boats!

It's free to attend, and there's multiple dates and times you can choose from- so get some friends together and take part!

[Book your spot >](#)

Summary of summer events

Take a look at our [Summer events webpage](#) to find out what we have planned throughout May and June, and what you can take part in on and off campus.

We've created a summary of events for each week to make sure you don't miss out on anything!

[Monday 17 - Sunday 23 May >](#)

Feel Good Exams

Throughout May, we'll be helping you to cope with any stress you might be feeling during the assessment period.

As part of Feel Good Exams, we'll be encouraging you to #Find15 (minutes) away from your screen to do something that you love. This could be anything that makes you feel good such as yoga, walking, reading, dancing, or even sleeping!

[Feel Good >](#)

Look after your wellbeing during the assessment period

Some of you will have assessments this month and we want to encourage you to keep a check on your wellbeing. If you need someone to talk to or if you would like to arrange support during your studies, take a look at our [wellbeing support pages](#).

Worried about student life, or need some extra support? [Student Space](#) is here to help you through the coronavirus pandemic.

Support and advice around assessments

Frequently asked questions

How, when and where do I submit coursework? When will I receive results? Will I be given feedback? What happens if I have a problem with an assessment?

Find answers to all of these questions and more on our [assessment pages](#).

Assessment deadlines

If you're struggling with any upcoming assessment deadlines, make sure you check the [assessment support options](#) available to you.

If you need further support, take a look at our [wellbeing support options webpage](#).

Assessment offences

Five working day extensions

If something affects you which means you may not be able to submit coursework on time, you may be able to apply for a five working day extension.

Eligibility criteria is available [online](#). If you have any questions, contact an [InfoPoint](#).

24 hour window

Coursework submitted up to 24 hours after the deadline will be accepted, but will incur a mark penalty (40% at levels 0-3 and 50% at level M).

After this time you cannot submit and it will be recorded as a non-submission.

Be prepared

It is considered an assessment offence for you to attempt to achieve a higher grade or mark through unfair means such as cheating or plagiarism etc. You can find out more from our [Assessment Offences Policy](#).

If you can't submit an assessment or attend an exam

If you can't submit coursework or attend an exam due to personal difficulties, contact our [Information Point](#) team who can help you with your options (0117 32 85678).

Need help preparing for assessments and exams? Take a look at our helpful [prepare for assessments webpage](#) where you'll find advice and guidance on group assignments, revision, managing exam anxiety and more.

How to use your assessment feedback

Find out [how to use your feedback](#) to improve your future assessments, give you fresh ideas and inspiration and highlight what you have done well.

Learn how to manage loneliness

Loneliness is something that everyone feels at some point in their lives and each of our experiences are individual to us.

We've pulled together some information on how to build connections and meet others. We hope you find this useful and remember, you can always reach out for support if you need help. To find out how to access any wellbeing support you need, visit our [wellbeing support webpage](#).

[Tackling loneliness webpage >](#)



Dudes & Dogs - Walk & Talk

Dudes & Dogs is a Community Interest Group in Bristol, created with one simple premise - to get men out in the fresh air together for a walk and talk.

Founded by Rob Osman, the aim is for men to understand that it's not just OK to talk, it's important too! Rob explains why he set up the group, and the benefits of the walks in the short video above.

[Book a walk](#) with other Dog Dudes, or [contact the team](#) to volunteer.

[Get involved >](#)

Do you have questions about the COVID vaccine?

Aged 18 - 30 and have questions or concerns about the vaccination? Then join us on **Tuesday 25 May** where we'll hear from Public Health representatives and medical experts who will provide information and answer your questions.

Young people who have already had their vaccine can also share their experiences!

[Register for free >](#)

Upcoming disruption to e-resources access

There will be no access to E-Journals A-Z for approximately 24 hours on the weekend of Saturday 29 May and Sunday 30 May. This is due to maintenance work scheduled by our external provider, Ex Libris.

Library search will be available but it may not be possible to access linked content during this time. The maintenance is taking place from 02:00 GMT. We apologise for any inconvenience this may cause.

[Find out more >](#)

The deadline to become a PAL Leader has been extended!

[PAL Leaders](#) play an important role in helping students to help themselves, whether these students are brand new to the University or just in need of additional support, and the deadline for applications has been extended to **Sunday 30 May!**

[Hear from Max](#), a third year Philosophy student, on why he became a PAL leader, his favourite moments and what he's learnt from the experience.

And if you weren't able to attend one of our online role information sessions, you can find out more from this [Panopto recording](#).

[Find out more >](#)

The Red Print: your wellness podcast

Have you listened The Red Print Podcast yet? Hosted by Daanish (Level Two Business & Management student rep), Rachel (Business & Management programme tutor) and Neil (Business & Management programme leader), each episode deals with a different wellness issue.

From building resilience to managing anxiety, there's something for everyone - especially during the exam period!

[Watch on YouTube >](#)

Bristol sport memberships

Get set for the summer with your Active Card Membership. Putting you in control with no contract or joining fee, you pay just £17.50 per month and it's your choice to renew (the offer ends on 31 August 2021).

You'll get full access to the gym on Frenchay campus, online and in-person exercise classes and MOVE activities including Mars Just Play Football, O2 Touch Rugby and much more!

[Sign-up >](#)

Parking reminder - you still need a permit!

Remember, you must have a valid permit to park on campus - even though parking fees are suspended until further notice.

Where can I park?

All car parks on Frenchay campus are open apart from:

- Car Park 2, which is being used for the NHS Local Testing Site
- Car Parks 21, 22 and 23 due to the NHS Nightingale Hospital
- Car Park 13 will go back to being for Centre for Sport customers only

If you drive onto Bower Ashton or Glenside campus you can use the same car parks as you did before lockdown.

[Car parking >](#)

Glenside Sport Rehabilitation Clinic

The Glenside Sport Injury Clinic is open for bookings on Monday and Thursdays, from 09:30-16:30. They offer a variety of services including injury assessments, sport specific rehabilitation, sports massage, sport injury prevention, post-surgical rehabilitation and posture assessments.

The clinic is run by level 5 and 6 students and supervised by qualified Sport Rehabilitators.

[Book now >](#)

How to make informed choices about postgraduate study

Explore whether postgraduate study is for you - we'll walk you through some key things to consider, as well as how to find the right course/university.

We'll also spend some time demystifying postgraduate funding, deadlines and equip you with the tools to help you decide and thrive in the process!

[Book now >](#)

Writing compelling applications for Postgraduate study

Come along to find out what makes a great-not-just-good application - we'll share hacks to help you create an application that will make you stand out!

We'll help you find your unique voice, avoid common pitfalls and unpack all your fabulous skills and experience in the best possible light.

[Book now >](#)

Mindful eating classes

Are you 18 years or older? Do you identify as female? Are you interested in mindfulness? Would you like to improve your relationship with food?

We're looking for participants to try out an online mindful eating programme with the aim to improve your relationship with food.

To find out more and to register, email [Christine Ramsey-Wade](mailto:Christine.Ramsey-Wade).

Looking for a placement? Want to work with us at UWE?

Looking for a placement where you can make a big difference? Want to gain skills employers want in a supportive working environment? Then this exclusive UWE student placement opportunity is for you!

Join part of the friendly UWE Library, Careers and Inclusivity team in September 2021 and help us collaborate with the University to agree the future direction of the service within a rapidly developing institution and a fast-changing sector!

[Find out more >](#)

Changes to the way you access eXternal Access (XA)

To improve security and help keep your information and data secure, you will need to use multi-factor authentication (MFA) to access [XA](#) from now on.

If you haven't yet set up MFA, please follow our [MFA guidance](#) – this is the same authentication you'll use for other UWE systems and to reset your UWE password.



News

What's
on

**AUGUSTA CHIDINMA
NNAJIOFOR**
President



JOEY ANTE
VP Community
and Welfare



SUPPORT OVER THE ASSESSMENT PERIOD

The assessment period is upon us and this year especially, we understand that this may be a stressful time.

We will be holding Exam Brunches this week and will also be sharing tips to help you stay well during this period.

Our Advice Centre is also on hand to support! They are available between **10:00-16:00, Monday - Friday** and

UNION 2 IS OPENING FOR INSIDE SERVICE!

We are delighted to confirm that Union 2 will be opening today!

Leave your coats and umbrellas at home and have a meal and a drink in the warm.

Union 2 will be open between **12:00-19:00, Monday - Friday** and we are also planning some weekend events, so keep an eye on our social media for more details.

provide friendly non-judgemental advice.

They are completely independent from the University, so all advice is impartial and unbiased.

[Find out more >](#)

You will need to pre book your table.

Please make sure that you follow all social distancing and government guidelines throughout.

[Book your table >](#)

Quick links

[myUWE](#)

[Academic advice](#)

[Study support](#)

[Term dates](#)

Get in touch

infopoint@uwe.ac.uk

+44 (0)117 32 85678

[More contact options](#)



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As a student you'll receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only send you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

[Dynamic content](#)

Bower Ashton Campus

Digital Showcase 2021

We're just weeks away from the Digital Showcase site opening for final year students to start uploading materials! Rhombus, an alumni-led design studio, is creating an elegant "white cube" platform to showcase your work - a digital space for you to curate.

The Showcase launch is backed by a national digital advertising campaign, media placements, industry partners and networks, and a city-wide print campaign of graduate work, promoting the digital site and a Graduate Showcase Exhibition at UWE Studios Spike Island.

We're so excited to promote your graduate talent - so we'd like as many graduating students as possible join and contribute to the Digital Showcase site.

Get involved, help us spread the word and if you have any questions, please [get in touch by email!](#)

International students

Join our informal self-help group!

Come and drop into a new informal self-help group for international students, facilitated by one of our Associate Chaplains, Jacqueline Conradie-Faul. It'll be a safe place to talk about the challenges and joys of everyday life in an informal, confidential setting.

Join in from **14:15 - 15:15** on **Wednesdays**.

[Find out more >](#)

International students - will I be entitled to a COVID vaccine?

All international students studying in the UK will be entitled to a free Covid-19 Vaccination.

It is very important that you register with your GP (General Practitioner, also known as a doctor) as soon as you arrive to the UK as you will not be eligible to have the COVID-19 vaccine before this.

You will receive a letter from your GP about your vaccination; you must wait to be contacted. It's important not to contact the NHS for a vaccination before then.

[Register with the University Health Centre >](#)

