

**Please note:** This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Simple money saving tips, study skills, poetry workshop

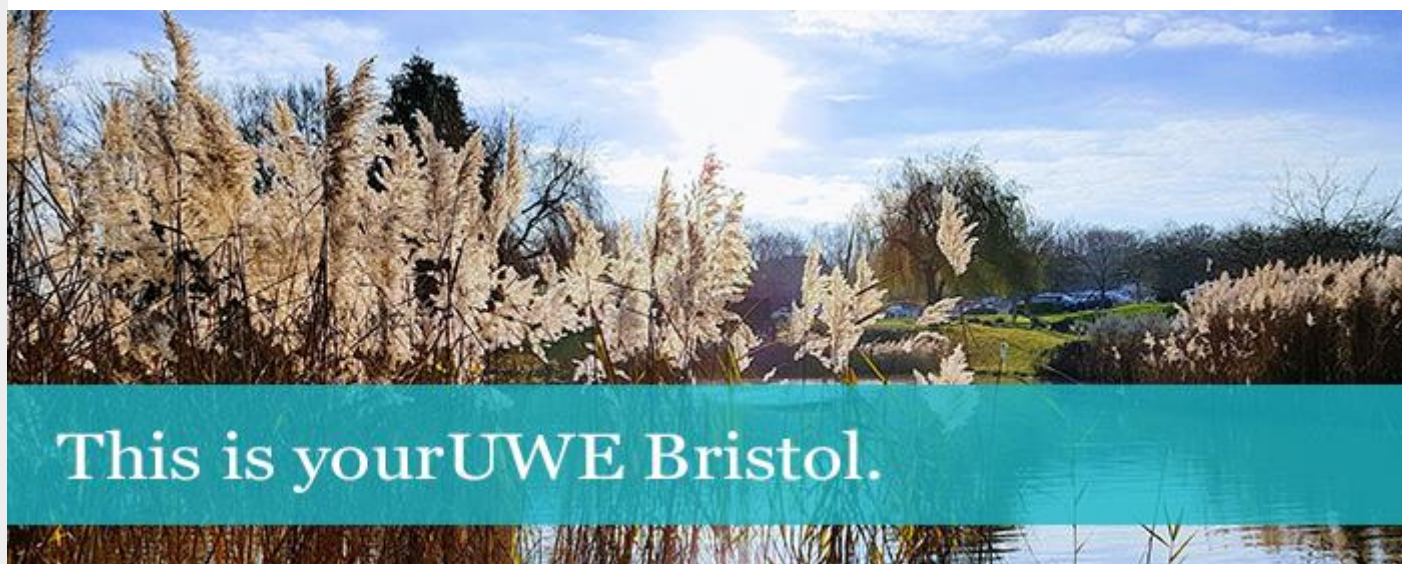
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**UWE  
Bristol**

[myUWE](#)

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## Welcome back!

We hope you had a good break and are raring to go, whether you have exams coming up or a bit of time before you're fully back into the swing of things.

January can be a difficult month - as the weather is a bit grim and it seems like everyone's living frugally - but we've got some tips to get you through!

## January, let's do this!

### **Get set for exams**

If you have exams, check our [exam webpages](#) for all you need to know - including how the venue is laid out and what to pack.

### **Eat vegan on a budget**

Want to know how to [eat meat free and dairy free on a budget](#)? One of our Money Advisers offers some tips.

### **Centre for Sport offer**

### **Simple money saving tips**

Kick-start 2020 with [discounted membership](#) at the Centre for Sport - with three options to choose from, there's something for everyone.

Check out our [money saving tips](#) to help you get the most from your money. Maybe commit to turning one tip into a habit?

## Brush up on your study skills wherever you are

Hone or learn a new study skill with our suite of [online study skills tutorials](#) - topics include effective note-taking, critical thinking and writing, reflective writing, literature reviews and technical report writing.

## Are you a care leaver, carer or estranged from your parents?

We understand that being at university can be tough if you have little or no family support - so we offer a [designated package of support](#) including a dedicated team as a point of contact.

[More about UWE Cares](#)

## Feed back on the University's 2030 strategy

You're invited to share your thoughts on the proposed key priorities for Health and Wellbeing and Equality, Diversity and Inclusivity.

Pop into the SU on **Thursday 23 January** anytime between **17:00 - 19:00** to speak to the team. Grab a slice of pizza as you feed back!

[Find out more](#)

## Design competition

We're teaming up with [Minirigs](#) to create a small batch of limited-edition custom speakers as prizes for alumni and staff and we want a current student to create the perfect design.

Check the design requirements and get designing! If you win, your design will be embossed on the Minirig 3 limited-edition speaker series and you'll get to keep one for yourself.

Submit your design by next Monday, 13 January.

[More information](#)

## Religion and belief survey

If you hold a belief, identify with or observe a religion, we'd like to hear from you - your input will help us as we refresh our Religion and Belief Policy.

[Take the survey](#)

## Plagiarism and essay mill sites

What do you think about plagiarism and essay mill sites and what can we do to help you avoid the pitfalls of both? Share your thoughts with us in our short survey.

[Take the survey](#)

## Student Ambassador recruitment is open!

As a Student Ambassador, you'll provide a wide range of support to university recruitment and events. It's great experience for your CV and a way of sharing your experiences with prospective students, parents and supporters, all whilst getting paid!

[Full details on how to apply and application deadlines](#)

## Events

### **Improve your presentation skills**

Wednesday 8 January  
13:30-16:30, Frenchay Library  
[Book online](#)

### **Tackling mental health stigma: poetry workshop**

### **BME representation in education**

Wednesday 22 January  
18:00-20:00, X Block  
[Book online](#)

### **From bedpans to budget cuts: a personal history of the NHS**

Wednesday 22 January  
12:00-14:00, X Block  
[Book online](#)

Thursday 23 January  
18:00-19:30, M Shed  
[Find out more](#)



[News](#)

[What's on](#)

**PRECIOUS  
ONYENEKWU TATAH**  
President



**JOEY ANTE**  
VP Community  
and Welfare



## GET MOVE-ING THIS JANUARY!

Kick off the new decade by treating yourself to a MOVE membership!

From Hula Hoop to Yoga, Dodgeball to Football, MOVE is all about getting you moving in a way that suits you, and with so many activities on offer, we can guarantee there will be something for you.

And if that wasn't enough, MOVE is now only £25 for the rest of term!

So have a look at the activities on offer, get your membership and get ready to MOVE!

MOVE

## JAILBREAK IS BACK FOR 2020

36 hours and no money: how far can you get in the name of charity? Taking place from 22-23 February, Jailbreak is a chance for you to hitchhike across the world while raising money for charity.

Teams will have 36 hours to travel as far away from UWE Bristol as they can, without spending any of their own money. Last year teams made it to Cyprus, the Netherlands, Ukraine and Qatar - and this year we want you to go even further! Tickets for Jailbreak go on sale on Wednesday – see you at the start line!

Jailbreak

# THE GREAT BRISTOL 10K IS BACK!

Join Team UWE Bristol and sign-up for the Great Bristol 10k! Taking place on Sunday 3 May, UWE Bristol is once again teaming up with the Great Run Company and the University of Bristol for the challenge. Whether you run it, jog it or walk it, we'd like UWE Bristol students, staff and alumni to get involved and join the team!

We'll be with you every step of the way, to give you all the support you need to smash that personal best - from run groups to training and nutrition tips - we've got your back!

[Sign up](#)

## Quick links

[myUWE](#)

[Academic advice](#)

[Study support](#)

[Term dates](#)

## Get in touch

[infopoint@uwe.ac.uk](mailto:infopoint@uwe.ac.uk)

+44 (0)117 32 85678

[More contact options](#)



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As a student you'll receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only send you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

## Dynamic content

### City Campus

#### **Be in the know about drugs**

Wednesday 15 January  
16:00-18:00, 2B011, Bower  
Ashton  
[Find out more](#)

### HAS

## Science Futures Fair 2020

The Department of Applied Sciences invites you to their flagship careers event - a careers fair with employers and professional societies, panel discussions with expert speakers and an exhibition of postgraduate and further study opportunities.

**Wednesday 22 January**  
12:00-15:30, Exhibition and Conference Centre (ECC)

[See who will be there](#)

### Glenside

## New 1-to-1 maths support at Glenside

If you need help with a particular mathematical or statistical problem, pop along to the library for 1-to-1 support (during specified times) with the staff member on duty who will be able to provide you with free, user-friendly advice.

[Dates, times and location](#)

## Glenside

### Feed back on the University's 2030 strategy

You're invited to share your thoughts on the proposed key priorities for Health and Wellbeing and Equality, Diversity and Inclusivity.

Pop into the SU on **Tuesday 21 January** anytime between **11:30 - 13:30** to speak to the team.

[Find out more](#)

## City Campus

### Feed back on the University's 2030 strategy

You're invited to share your thoughts on the proposed key priorities for Health and Wellbeing and Equality, Diversity and Inclusivity.

Pop into the SU bar on **Thursday 23 January** anytime between **11:30 - 13:30** to speak to the team.

[Find out more](#)

## Frenchay

### Feed back on the University's 2030 strategy

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