

Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Christmas closures, winter wellbeing advice and exam support.

[View in browser](#)



[myUWE](#)

[Support](#)

[Infopoints](#)



Christmas is just around the corner...

The University and most of its services will be officially closed for Christmas from **16:30 on Monday 23 December** and will re-open at **08:30 on Thursday 2 January 2020**.

If you're staying on campus during the holidays, some areas of the University will be accessible and we'll be putting on social events every day. Security and Accommodation staff will be on campus every day, and wellbeing support will be available online via [Kooth Student](#).

You can find out what's on, what's open and what's closed on our [Christmas closure webpage](#).

[Christmas events](#)

Beating the winter blues

We know that Christmas can be hard for some people, so we've compiled some top tips to help you battle those winter blues.

[Read our winter wellbeing tips](#)

Wellbeing Service Christmas opening hours

The Wellbeing Service will be closed from **16:30 on Monday 23 December** and will re-open from **08:30 on Thursday 1 January**.

We want to remind you that support is available, even when the University is closed. Check our [Christmas closure page](#) for more information.

[Wellbeing support](#)

Farmhouse Christmas opening hours

The Farmhouse opening hours will vary over the Christmas break, so make sure you check times before you visit. New times are as follows:

- Monday 16 until Monday 23 December: 08:00-17:00
- Monday 24 December until Thursday 2 January 2020: closed
- Friday 3 until Sunday 5 January 2020: 08:00-17:00
- Monday 6 January 2020: normal 24/7 hours

Save the date

Winter closure events

We're running a range of [free events](#) for students staying on campus or in Bristol over the holidays, including a Christmas Day lunch and films. Over 400 students will be on campus, and we want you connected and having fun!

Why not take a look at what we have planned? We really recommend you go along!

Bristol Christmas events

There are hundreds of fun events happening in Bristol over the Christmas holiday period. From shows, markets, craft sessions, ice-skating and more - there's something for everyone. Why not look at [Visit Bristol](#) for ideas?

Festive volunteering

Why not try something different this Christmas and volunteer? It's a great way to do something worthwhile in your community, and make friends at the same time!

Many charities are eager for people to lend a hand over the festive season, so there's plenty of opportunities to choose from - take a look at our [festive volunteering page](#) to find out more.

Have you heard about PAL?

Peer Assisted Learning (PAL) is a student-to-student support scheme aimed to support students with their transition to University and contribute to the wider student experience.

But what can you expect from a PAL session? Watch this short [video](#) to find out more.

[Find out more](#)

We need your help!

Caring at Christmas

The annual UWE Bristol Caring at Christmas is running again this year, and we need box keepers who'll be responsible for monitoring a donation box. All you need to do is contact the Logistics Team when the box is full so that it can be collected.

[Caring in Bristol](#) provides shelter, food, support and entertainment to over 150 people a day over the holidays and our donations to this campaign help those in need. [Get in touch](#) if you have time to become a box keeper this year!

Do you have a moment to complete our surveys?

Student mental health and media reporting

How do you view media reports about student mental health? You're invited to take part in a research study looking at students' perceptions surrounding these reports. The study forms part of the Vice Chancellor's programme to better understand student mental health across the University.

The survey is anonymous, takes around 15 minutes to complete and needs to be done in one sitting - complete the survey [here](#).

Plagiarism survey

What do you think about plagiarism and essay mill sites, and what can we do to help you avoid the pitfalls of both? Complete our short survey and give us your views on plagiarism - it's completely anonymous. Complete the survey [here](#).

Religion and Belief survey

If you hold a belief, identify with or observe a religion, we would like to hear from you. Your input will help us as we refresh our [Religion and Belief Policy](#). Complete the survey [here](#).



Three reasons to visit the Centre for Music

Centre for Music and Creative & Professional Writing have teamed up on a joint project to create a marketing campaign to raise the profile of the Centre for Music.

Take a look at this great piece by third year student Sam Whitlock, giving you all the reasons why you should visit the Centre for Music!

[Three reasons to visit](#)

Boost your money confidence and budgeting skills

Enhancing your maths skills can help boost your money confidence and budgeting skills. [National Numeracy](#) have some great tips for improving your maths, including the [national numeracy challenge](#).

Why not get in touch with the [Student Money Service](#) for the other budgeting tips and find out what other services are available?

IT maintenance weekend

IT services will be undertaking essential maintenance to systems and networks.

There may be disruptions to services from **16:30 Friday 13** until **08:30 Monday 16 December**.

[Find out more](#)

Contacting the NHS

Not sure what to do when you need to access NHS services?

Remember, always visit NHS online, or call 111 before visiting A&E in non-emergency situations.

[NHS online](#)

Exam information and support

Exam essentials

You'll find everything you need to know about exams on our [exams webpage](#), including what to expect and what to bring. Want advice on how to do better in written exams? Have a look at our [helpful guide](#) to find out more.

Order a replacement student card

You'll need to display your student card on your desk at every exam. If you've lost yours, [order a replacement now](#) and collect it from an [Information Point](#).

Check your exam timetable

Double check your January exam timetable on [myUWE](#) and continue to do so regularly in the lead up to your exam. Your timetable is personal to you so don't rely on others, even if you're on the same course - you might be in a different room!

If you're entitled to extra time, your full exam writing time will show on your timetable. Breaks will not show on your timetable, but will be known by your invigilator.

Science Futures Fair 2020

The Department of Applied Sciences invites you to our flagship careers events, bringing together students, staff and employers from applied sciences and beyond.

Join us in January at the ECC for a live careers fair with employers and professional societies, panel discussions with expert speakers and an exhibition of postgraduate and further study opportunities.

[Find out more](#)

Take part in our global photo competition

The study abroad photo competition is open to all students undertaking global opportunities abroad - this includes study, work, volunteering and teaching abroad!

We want images that tell a story about your experience. Why not send us a selfie against beautiful scenery or amongst a bustling city street? If you win, you'll receive a £150 Amazon Voucher!

[Find out more](#)

South Western Railway disruptions

South Western Railway have issued a statement with details of their ongoing strike disruptions, happening until early in the New Year.

An amended timetable is in place during the strike. While most routes will have a reduced service, some stations will be served with replacement buses. Check the latest strike timetables before travelling.

[Strike timetables](#)

alumniconnect

Linking students and alumni

Become part of the online community where you can access an alumni directory and take part in mentoring.

It's easy to use and free. To get the most out of the site, we recommend logging on via tablet or computer.

[Sign up](#)

Minirigs design competition

Bristol based audio-technology start-up [Minirigs](#) was co-founded by [Thomas Tucker](#), a UWE Bristol alum. We're teaming up with Minirigs to create a small batch of limited-edition custom speakers as prizes for alumni and staff, and we want a current student to create the perfect design.

The winner will get their successful design embossed on the [Minirig 3](#) limited-edition speaker series, and will even get one to keep for themselves! Submit your design by **Monday 16 December**.

[Find out more and how to enter](#)

90x90 scarf design competition

Fashion Textiles student Amber Louise Webb has won an annual competition to design a UWE Bristol silk scarf.

The 90x90 competition is held each year by the University's fashion department in the Faculty of Arts, Creative Industries and Education for aspiring fashion designers. Amber's winning design was selected by leading fashion designer [Betty Jackson MBE](#) for its unique, abstract, modern and different approach.

[Winning design](#)



[News](#)

[What's on](#)

HAVE A SUSTAINABLE CHRISTMAS

Now you know us, we are always thinking of ways to reduce our impact on the planet - Christmas is no exception! The festive season is a time of giving, which we know can mean a lot of excess plastic, paper and dare we say it - unwanted tat that you won't use again.

That's why we've put together our top tips to help you have a sustainable Christmas - from presents to food, we've got you covered!

[Our top tips](#)

**PRECIOUS
ONYENEKWU TATAH**
President



JOEY ANTE
VP Community
and Welfare



DON'T FORGET TO VOTE - THURSDAY 12 DECEMBER

This Thursday, the nation will be heading to the polls for the General Election. Here at The Students' Union, we want you to exercise your right to vote!

Every vote really does count and has the power to have a big impact on the country. If you're unsure of who to vote for, you can view all manifestos online which will give you a chance to see where the candidates stand.

We'll also see the return of one of our favourite hashtags #DogsAtPollingStations. Spot some politically active canines voting? Take a snap and tag us!

[Get election ready](#)

TAKE ON A CHALLENGE FOR RAG

Have you ever wanted to take part in a Bear Grylls bucket list challenge? Well, thanks to UWE Rag, you now have five chances to do just that!

From climbing Kilimanjaro to building playgrounds in Uganda, our challenges will not only give you a chance to experience something amazing, but they will also allow you to raise vital funds for UWE Rag and the charities they support.

So, check out our news story for information and ideas, start thinking about what challenge you would like to do and get ready for the experience of a lifetime!

[Find out more](#)

Quick links

[myUWE](#)

[Academic advice](#)

[Study support](#)

[Term dates](#)

Get in touch

[Email: infopoint@uwe.ac.uk](mailto:infopoint@uwe.ac.uk)

Tel: +44 (0)117 32 85678

[More contact options](#)



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As a student you'll receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only send you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

Dynamic content

ACE

Vice-Chancellor student competition extension

The Vice-Chancellor's competition deadline has now been extended until **Monday 16 December**.

Design a limited print your chance to win a £200 and your design will be used to produce a limited-edition Risograph print! To enter, you'll need to:

- Design a product to be reproduced as a Risograph (no bigger than A4)
- Submissions may take the form of drawings, photographs, collages and prints using other processes (letterpress ect)
- A limit of two colours is preferable

High-quality photos and a description of your work should be sent to neil.leonard@uwe.ac.uk.

Art Freshers' Guide to the Art World

[ArtRabbit](#) have collaborated with some of the best arts organisations from all over the UK to complete an information packed online web book, focusing on professional development.

From art trails and independent spaces in variety of cities, to tips for kick starting your career and the best resources for finding arts jobs, this web book is a gift to the newest generation of creatives and cultural practitioners.

[Read the online web book](#)

International students

#WeAreInternational

Our new **#WeAreInternational** Student Ambassador Programme is an education policy and leadership development scheme for exceptional individuals from around the world.

Do you want to become a future leader to lead change? Do you want to improve on your leadership skills? We are helping to connect international students to an exciting network of emerging global talents.

[Find out more and apply](#)

English language and grammar: online resources

Do you want to improve your English language and grammar skills? Then have a look at our online tutorials webpage for tips and guidance!

[English language online resources](#)

ACE postgrad

Workshop: Presenting your Work

What's the difference between a poster presentation? How can you get your point across? How do you warm up an audience?

Join us at **Arnolfini from 10:30-12:15 on Wednesday 11 December** for a workshop that will cover some of the key elements to presenting, and look at what makes an effective presentation.

Book your place