

Please note: This is a copy of the newsletter sent to students. The formatting is a little different to the email version, due to the content being converted into a PDF. Dynamic content (content specific to Faculty/campus/level etc.) features at the end of this document but for students it's integrated into the body of the newsletter.

Feel Good February, Volunteering Week, music masterclasses.

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This is yourUWE Bristol.

February: a bumper month!

Give yourself a pat on the back if you've just come out the other side of the January assessment period!

Now is your chance to get stuck into what February has to offer, including [Feel Good February](#), [Centre for Music masterclasses](#), [LGBT+ History Month](#), [National Student Money Week](#) and [National Student Volunteering Week](#). Phew!

[Full list of events >](#)

feel good february.

We're excited to announce our annual programme for [Feel Good February](#), a month of activities to help you relax, eat well, get active and try new things!

This week's theme is '[Try something new](#)' so take a look at the range of events to see what catches your eye!

[What's on >](#)

How has COVID-19 impacted mental health?

On **Wednesday 17 February**, we'll hear from the Shadow Board, a group of young people who help shape safeguarding across Bristol with the Keeping Bristol Safe Partnership.

They'll come together with health leaders and local experts for an online event discussing the impact that the coronavirus pandemic has had on mental health, and to share learnings on how to spot signs of loneliness, low mood and anxiety among children and young people.

[Find out more >](#)

Free eye tests at Glenside clinic

If you need a sight test or contact lens assessment but can't get an appointment at a high street optician, the eye clinic at Glenside campus is open and offering appointments free of charge!

As a student you are entitled to 20% off glasses and contact lenses (full details online). NHS vouchers are accepted.

[Book an appointment online >](#)

Join our Student Consultation Panel

As a Student Experience Consultant, you'll work with the University and The Students' Union to develop, shape and test actions that will enhance the student experience for the current academic year and beyond.

Activities may include surveys, panel discussions, focus groups and workshops. You don't need to commit a certain amount of time as opportunities will be communicated as they come up, and you can pick and choose what you're involved in.

[Get involved >](#)

Expect the unexpected: financial planning for a rainy day

National Student Money Week is your chance to learn how to make the most out of your money.

Events include a three day bootcamp and live financial planning webinars (23 and 25 February). Plus there's amazing prizes to be won, including four 'emergency pots' worth £250 each and one-on-one sessions with financial planning experts.

[Get involved >](#)

It's Student Volunteering Week!

Get involved with Student Volunteering Week to hear from key individuals in the industry and find out what volunteering can do for you!

Take a look at the events, including a Dragons' Den Pitching Competition to be in with the chance of winning £5000, a Be Your Own Boss Workshop and business planning for freelancers and start-ups.

[See what's on >](#)

Shout 24/7 Crisis Textline

Shout 24/7 Crisis Textline is a service that offers crisis support to UWE Bristol students in distress via text. Just text 'UWE' to 85258.

[Find out more >](#)

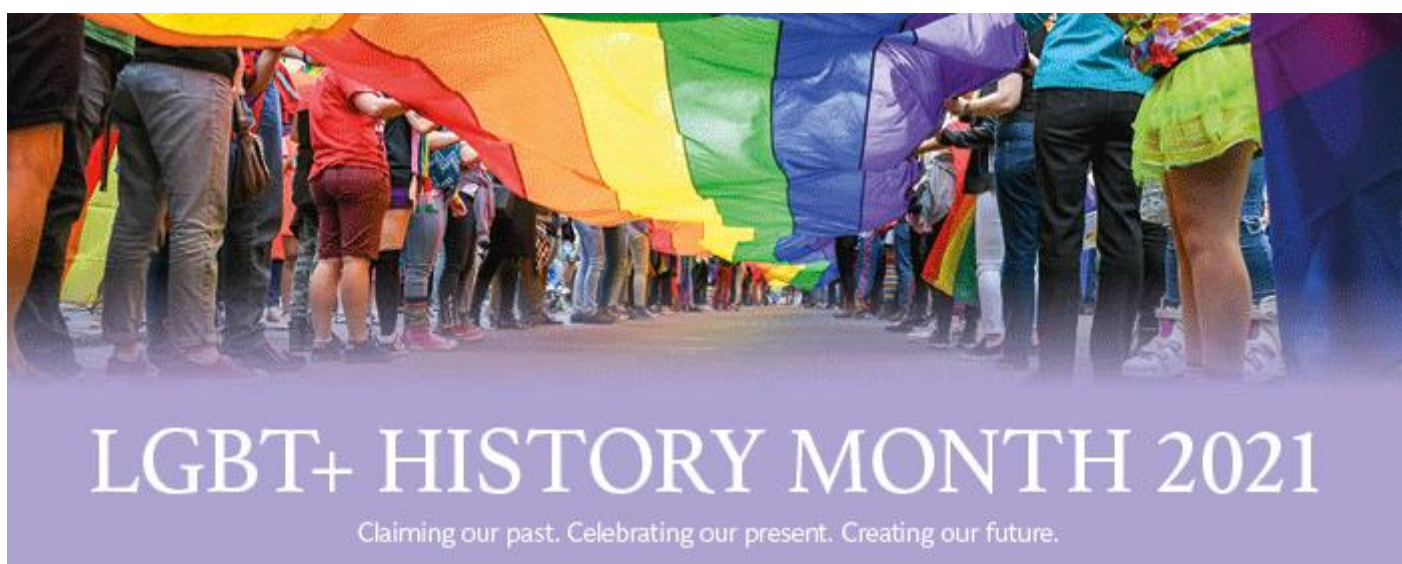
Meet the Employers - save the date

Our Meet the Employers Fair will be held virtually this year on our new virtual events platform, Handshake.

It starts week commencing **Monday 8 March** and is open to all students and recent graduates. Over 180 employers attend to promote graduate employment opportunities, placements, internships, work experience and global and volunteering opportunities.

Pop the date in your diary and keep an eye out for updates over the next couple of months!

[Meet the Employers Fair >](#)



The theme for this year's [LGBT+ History Month](#), an annual observance and celebration of the history of lesbian, gay, bisexual and transgender civil rights movement, is 'Mind, Body and Soul'.

[What's on >](#)

Feed back on the University's Trans and Non-Binary Policy

We're currently refreshing our Trans and Non-Binary Policy - if you would like to feed back on the policy, equality analysis and guidance, we'd like to hear from you. The deadline for feedback is **Sunday 14 February**.

[Feed back >](#)



Centre for Music: a month of musical masterclasses and events

The Centre for Music have a bumper selection of events this month - here are a few highlights to whet your appetite.

All events and classes are free of charge and hosted online.

From Bruno Mars to Bastille: sound Engineer Nick Lythgoe

[Monday 15 February, 18:00 - 20:00](#)

Drum Masterclass with AJ Rousell and Emmanuelle Caplette

[Tuesday 16 February, 18:00-20:00](#)

French horn masterclass with Felix Klieser

[Wednesday 24 February, 18:00-20:00](#)

Small group guitar lessons

[Mondays at 14:00 \(beginners\) and 15:00 \(improving players\)](#)

Bristol Distinguished Address Series: Diversity and inclusion - why it's never been more important

Jacqueline de Rojas CBE, President of techUK and Digital Leaders, Co-Chair, IoC will be speaking on inclusive tech. Tune in to hear her talk about how, as tech becomes increasingly influential in our lives, we need to take further steps to ensure it works for everyone.

Wednesday 10 February, 18:30-19:30, online

[Register online >](#)

Transforming Futures - could you compose the finale?

'Transforming Futures' is an original composition by Philip Harper and Ellie Potts, celebrating the launch of UWE Bristol's 2030 strategy, musically inspired by Brunel his legacy, to inspire us to transform our own futures and those around us.

Now the University's Centre for Music is inviting instrumentalists and vocalists to record the finale of this new work.

Your videos will be collated into a large montage and released on YouTube and social media. The project is open to all musicians from UWE Bristol and the wider region.

The deadline for submissions is this **Friday, 12 February**.

[Find out more >](#)

Give your views



Complete the
National Student Survey

www.thestudentsurvey.com



The National Student Survey is your chance to tell us what you think of your course and help us improve the experience of future students.

[Complete the survey now >](#)

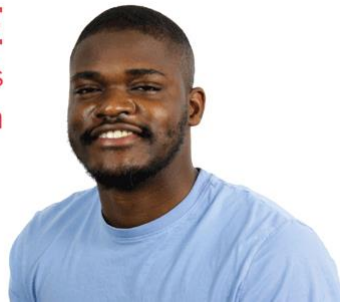


[News](#)

[What's on](#)

JOSH EDJE

VP Sports
and Health



JOEY ANTE

VP Community
and Welfare



REFRESHERS' WEEK IS HERE!

Refreshers' Week starts today, and we cannot wait for you to get involved with everything that we have lined up!

It's a chance for you to chat with others, make new friends and learn about everything on offer at The Students' Union.

We've got virtual speed friending, a Mocktail masterclass, a sustainable period workshop, and giveaways.

We'll then be ending things in style with our Virtual Refreshers' Fair, taking place between 12:00-17:00 on **Friday 12 February**.

There you will be able to interact with sports clubs and societies and chat to teams at The Students' Union and UWE Bristol.

[Get involved](#)

IT'S LGBT+ HISTORY MONTH!

Over the next month, The Students' Union, UWE Bristol, and the LGBT+ Society are running a programme of activities, which will explore this year's national theme of Mind, Body, and Soul.

LGBT+ History Month is an annual celebration of the history of the umbrella of sexualities and gender-identities including, lesbian, gay, bisexual, trans, and non-binary. It aims to raise awareness and combat prejudice against the LGBT+ community and is an opportunity to demonstrate allyship, celebrate advancements, and actively engage in making our University more inclusive for all. Some of the areas we will cover include intersectionality, with a focus on Black Trans Lives Matter, allyship, the importance of pronouns, and LGBT+ activists who are BAME, disabled, and working class.

[What's on](#)

NOMINATIONS FOR THE LEADERSHIP RACE CLOSE THIS FRIDAY

The Students' Union is looking for its next group of student leaders to lead to organisation and run in The Leadership Race.

The Leadership Race is your chance to create positive change at UWE Bristol. Every year we ask students to nominate themselves for one of our full-time or part-time officer roles.

We have five full-time paid president roles that can be done at the end of your course or as a sabbatical year. Throughout the year, our Presidents work with students to create change at UWE Bristol and run campaigns and events that celebrate the student community. Our part-time roles are done around your studies and are an opportunity to focus on an area that interests you.

Roles include Sustainability, LGBT+, Women's, Men's, Trans, Glenside, and City Campus Officers. Nominations close on **Friday 12 February**, so have a look at the roles, put yourself forward and stand in The Leadership Race!

[Nominate yourself](#)

Quick links

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[Study support](#)

[Term dates](#)

Get in touch

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[More contact options](#)



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As a student you'll receive emails from the Student Communications Team. We promise not to overwhelm you and we'll only send you things that are relevant. You'll get a regular newsletter and some targeted communications. If you unsubscribe you'll miss important emails. [Contact us](#) if you have any questions.

[Dynamic content](#)

International

Global events

How to get started with critical writing

Find out about what is meant by critical writing and review an example of student writing. Join us this **Wednesday 10 February** at 14:00.

[Book your place >](#)

Valentine's special

Save the date! This **Thursday ,11 February** at **14:30** is the Global Café St. Valentine's Day Special and we are running a special Global Café event for you to tell us all about what you love about your culture!

We will have a presentation about St. Valentine's day celebration, play some games and hear from students about what they love about their culture.

[Join in >](#)

Have a question? Pop into the Virtual Global Reception

Staff from the Global Student Support team are on hand to answer your questions at the Virtual Global Reception every Monday, Wednesday and Friday from 12:00-13:00 (UK time).

[Join in >](#)

Join an online community

The Students' Union have created a Facebook group for students who are living off campus, in private accommodation or living at home so you can virtually connect with one another during this third lockdown.

Connect with new people who are on your course, live in your area or love the same things as you. Connect with other on our UWE students unite Facebook group.

[UWE students unite Facebook group >](#)

Create your best Chinese New Year dish

Fancy cooking to be in with a chance of winning an Amazon voucher?

Create your best Chinese New Year dish and share a photo/video of you making it and the final outcome, using the hashtag #CNYDISHWPCOMP on Facebook (or email your photos and videos to Chloe.Yuen@uwe.ac.uk).

All photos will be posted on [Facebook](#) and whichever dish gets the most likes will win! Submit your entries by 10:00 on **Monday 15 February** - voting will begin at 12:00 that day for 48 hours.

There's chance to win one of three Amazon gift vouchers - £40 for first place, £25 for second place and £15 for third place.

TESOL project

Would you like to make a new friend in Teaching Block 2 by working 1-1 with a 'home student' (English or international) who is training to be an EFL (English as a Foreign Language) teacher?

Apart from the benefits to both of you on this language project, you can learn about each other's cultures, lives and hobbies and over the years some fantastic friendships have been forged. If you're interested in joining, you'll be matched with a teacher-trainee-friend to work with, who will contact you directly in mid-February.

[I'm interested \(opens email\) >](#)

Level 2/2P

Have you chosen your optional modules?

If optional modules form part of your course, please choose the modules you'd like to take in time for teaching starting this week.

[How to choose your modules >](#)